



# Cross Country 2012

## This Week

Oct. 30, 2012

The 2012 Cascade Conference Champions will be crowned this weekend at Lents Park in Portland, Ore.

The women's five-kilometer race is set for 10:30 am with the men's eight-kilometer race following at 11:15 am.

## CCC Preseason Coaches' Polls

### Men

	Men	Women
1.	Southern Oregon (10) . 100	1. College of Idaho (10).....100
2.	College of Idaho ..... 86	2. Northwest Christian.....75
3.	Concordia ..... 79	3. Concordia.....79
4.	Eastern Oregon ..... 75	4. Southern Oregon .....73
5.	Oregon Tech..... 54	5. Eastern Oregon .....64
6.	Corban..... 50	6. Northwest.....43
7.	Northwest Christian ..... 40	7. Corban. .....40
8.	Warner Pacific.....31	8. Oregon Tech .....39
9.	Northwest ..... 25	9. Warner Pacific.....19
10.	Evergreen..... 10	10. Evergreen.....11

First place votes in parentheses

## CCC in NAIA Top 25 Polls

A look at CCC teams in the weekly NAIA Top 25 polls:

### MEN'S TOP 25

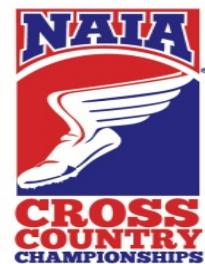
Tm.	A24	S12	S19	S26	O3	O10	O17	O24	N4	N22	Pre	#1	#2	#3	#4	#5	#6	#7	#8	Final
SOU	1	1	1	1	1	1	1	1	1	1										
C of I	15	9	12	11	12	12	11	11	11	11										
EOU	11	12	13	13	14	14	12	12	12	15										
NCU	NR	NR	NR	NR	25	RV	19	19	22											
OIT	NR	NR	NR	NR	21	25	RV	RV	RV											
CU	NR	RV	RV	RV	7	8	RV	RV	RV											

### WOMEN'S TOP 25

Tm.	A25	S12	S19	S26	O3	O10	O17	O24	N4	N22	Pre	#1	#2	#3	#4	#5	#6	#7	#8	Final
C of I	4	4	4	4	4	3	3	3	3	3										
NCU	5	7	7	7	7	7	7	7	7	7										
EOU	RV	RV	RV	NR	25	RV	21	21	21	21										
NU	25	RV	RV	RV	NR	NR	NR	RV	24											
SOU	13	12	12	12	19	21	RV	RV	RV	RV										
CU	NR	NR	RV	RV	RV	NR	NR	NR	NR	NR										
OIT	NR	NR	NR	NR	RV	RV	RV	RV	RV	NR										

RV indicates receiving votes; NR indicates not ranked

## CCC, Concordia to Co-Host 2012 NAIA XC Championships



► The NAIA Championships will be held at Fort Vancouver National Historic Site in Vancouver, Wash., for the fourth consecutive year. This year's event, co-hosted again by the Cascade Collegiate Conference office and Concordia University, is Saturday, Nov. 17. Admission is free.

## Cascade Collegiate Conference Notes

► 11 Cascade Collegiate Conference teams are either rated or receiving votes in the latest NAIA Top 25 polls.

► Four CCC women's programs are listed in the Top 25: No. 3 College of Idaho, No. 7 Northwest Christian, No. 21 Eastern Oregon and No. 24 Northwest. Southern Oregon is among those in the receiving vote's category.

► Four CCC men's programs are listed in Top 15: No. 1 Southern Oregon, No. 11 College of Idaho, No. 15 Eastern Oregon and No. 22 Northwest Christian. Oregon Tech and Concordia are both among those receiving votes.

► Southern Oregon men remained at No. 1 for the eighth straight poll.

► Northwest women entered the Top 25 after receiving votes a week before.

Runners of the week for Oct. 15-21

Men- Eric Avila, SOU  
Women- Karlee Coffey, EOU

